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2003

Winter Course Offerings

January 13 - February 21

March 6 - 27

Berkshire Institute For Lifetime Learning



...Education is a Lifetime Experience

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WINTER 2003 SCHEDULE

January 13–February 21

Number of sessions: ()

MONDAY	Excellence in Arts* (4) 10:30 AM-NOON	Astronomy (6) 1:00-2:30 PM	
TUESDAY	Headlines (6) 10:30 AM-NOON	Film Course (4) 1:00-2:30 PM	
WEDNESDAY	Gardens (3) 9:30 AM-11:00 AM	Science (6) 11:15-12:30 PM	Justice (6) 1:30-3:00 PM
THURSDAY	Place (6) 10:30 AM-NOON	Millay (6) 1:15-2:45 PM	Health (5) 3:00-4:30 PM
FRIDAY	Revolution (6) 10:30 AM-NOON	The Chip (6) 1:00-2:30 PM	

*Feb 3 only : 10:30-NOON at Kimball Farms, 235 Walker Street, Lenox

THE ABOVE CLASSES ARE HELD AT THE BERKSHIRE SOUTH REGIONAL COMMUNITY CENTER, located at 15 Crissey Road, off Route 7, north of Great Barrington. (Crissey Road is between the Jennifer House Commons and the Ford Dealership.)

March 6–27

THURSDAY **Genealogy** (4) 10:00-11:30 AM

At the Silvio O. Conte National Archives, 10 Conte Drive (off Dan Fox Drive) Pittsfield

Cancellation of classes due to snow: call the Berkshire South Community Center at 413-528-2810 or the National Archives at 413-445-6885.

SPECIAL EVENTS

November 13: **Writers at B.I.L.L., a Day at the Williams College Faculty House:** Karen Shepard; lunch break; Jim Shepard

November 17-19: **Experience the Golden Age of Salem** (Sold out)

December 8: **The Art of Criticism**, Panel discussion in cooperation with *The Berkshire Eagle* at the Country Club of Pittsfield; brunch

December 15: **King of Hearts**, Goodspeed Opera, East Haddam, Connecticut

January 5: **New Year's Brunch** at the Country Club of Pittsfield

Flyers with detailed descriptions of each Special Event will be mailed to members.

Catalog: Ilse Browner (Editor); Wilma Michaels, Bill Roudebush, Kay Jaffe (Associate Editors)

Scheduling: Mona Sherman, Larry and Phyllis Phillips

Class Management: Fran Dichter

Curriculum Subcommittee Chairs: Phil Kaminstein (Social Science); Joan Olshansky and Jim Michelman (Literature); Elske Smith (Science); Aleva Henderson (Arts)

B.I.L.L. Course Registration Winter 2003

Courses are for members only. If you are not yet a member, please include a check for \$35* per person for a one-year membership in addition to course fees. If you have any questions, please call (413) 499-4660, Ext. 456.

NAME _____ DAY PHONE _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
E-MAIL ADDRESS _____ FAX _____
WINTER ADDRESS _____ DATES _____

COURSE SELECTIONS: In the spaces provided, indicate the number and name of the courses for which you would like to register. Courses will be filled on a first-come, first-served basis.

FEES: \$25 for one course unless otherwise indicated.

If you pay for 2 courses, you may register for a 3rd course at no additional cost.

If you pay for 3 courses, you may register for 2 more courses at no additional cost.

COURSE NUMBER & NAME:

1. _____ 6. _____
2. _____ 7. _____
3. _____ 8. _____
4. _____ 9. _____
5. _____ 10. _____

PAYMENT INFORMATION: To register, mail this form along with your check to:

B.I.L.L., Berkshire Community College, 1350 West Street, Pittsfield, MA 01201-5786.

I am enclosing my check made out to B.I.L.L. for _____ courses: \$ _____

Plus \$35* (I am not yet a B.I.L.L. member): \$ _____

My Contribution*: \$ _____

Total: \$ _____

You will receive confirmations as well as reading lists. Required texts are normally in paperback form and can be obtained through local bookshops.

ALL CLASSES AND SCHEDULES ARE SUBJECT TO CHANGE. B.I.L.L. RESERVES THE RIGHT TO LIMIT CLASS/SPECIAL EVENT SIZE AND TO CANCEL ANY COURSE/SPECIAL EVENT IF REGISTRATION IS INSUFFICIENT.

* Annual dues and contributions are tax deductible.

We Want to Know Our Members

IF YOU HAVE NOT YET FILLED OUT ANY QUESTIONNAIRE, PLEASE DO SO NOW!

NAME _____ DAY PHONE _____

ADDRESS _____

E-MAIL _____

HOW DID YOU LEARN ABOUT BILL?

EDUCATIONAL & PROFESSIONAL BACKGROUND:

AREAS OF SPECIAL INTEREST IN WHICH I COULD:

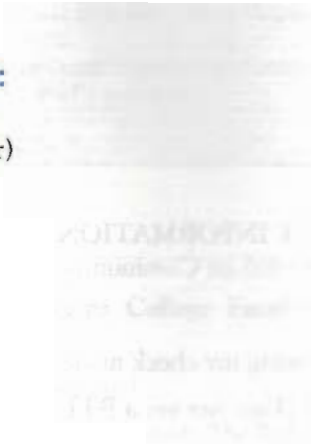
- Moderate a Discussion Course Teach a Course (Name subject)

OTHERS WHO YOU THINK MIGHT TEACH A COURSE:

Names and subjects:

COMMITTEES OR SUBCOMMITTEES ON WHICH I WOULD LIKE TO SERVE:

- CURRICULUM (developing and implementing the courses presented each semester)
Choose one or more: Social Science Science Literature The Arts
- CLASS MANAGEMENT (overseeing class needs)
- MEMBERSHIP (old and new member outreach, social events)
- SPECIAL EVENTS (planning and organizing day trips and special functions)
- TRAVEL (planning domestic and international trips)
- FINANCE (handling budgetary and administrative matters)
- B.I.L.L.BOARD (writing articles, editing, proofreading)
- CATALOG (editing, proofreading, supervising production)
- PUBLIC RELATIONS (communicating with media and community)
- MEDIA (making videos of courses and events)
- COMPUTER (knowledge of WORD, Excel or Access)



DO YOU HAVE SKILLS THAT MIGHT BE HELPFUL? Please circle as many as apply.

- | | | | |
|-------------|---------------|--------------------|--------------------|
| Accounting | A/V Equipment | Data Entry | Desktop Publishing |
| Office Work | Video Taping | Writing or Editing | Other (specify): |

M101**EXCELLENCE
IN THE ARTS****Mondays**

10:30 AM - NOON

Jan 13, 20, 27

Feb 3*

*Feb 3 only:

at Kimball Farms

Four sessions only

This four part series, brought back by popular demand, will focus on four art forms: visual arts, literature, music and theater. An authority in each field will discuss what makes the particular form "excellent," using concrete examples.

Jan 13. The Visual Arts in Retrospect

This session will present what was considered "excellent" in the visual arts from the ancient Egyptians to the present - and why.

Maureen J. Hickey, Ed.D., art lecturer and former Curator of Education, Berkshire Museum.

Required Reading: *Jansen's History of Art*

Jan 20. Greatness in Literature

James Michelman, author of articles on business ethics.

Jan 27. Excellence in Theatre

Kate Maguire, Producing Director of the Berkshire Theatre Festival.

Feb 3. The Excellence of Bach (9:30 - 11:30 AM at Kimball Farms)

Kenneth Cooper, Ph.D. in Musicology, Columbia University; Director, Baroque Aria Ensemble, Manhattan School of Music; Director, Berkshire Bach Ensemble; on faculty of Columbia University.

M102**NAKED EYE
ASTRONOMY****Mondays**

1:00 PM - 2:30 PM

Jan 13, 20, 27

Feb 3, 10, 17

Topics will include latitude and longitude, moon phases, ocean tides, calendars, apparent motions of the sun, and finding planets and familiar shapes in the night sky using the clock and fist method.

Walter Gehring, M.S., North Adams State College; retired Science Department Head of South Junior High and Wahconah Regional High Schools; taught Geology, Earth Science and Astronomy to both students and teachers; received a Merit Teaching Award and published an article on Tides in *The Science Teacher*.

Suggested Reading: *Old Farmer's Almanac*

T101

TODAY'S HEADLINES

Tuesdays

10:30 AM - NOON

Jan 14, 21, 28

Feb 4, 11, 18

T102

IS REEL LOVE,
REAL LOVE?

Tuesdays

1:00 PM - 2:30 PM

Jan 14, 21, 28

Feb 4

Four sessions only

W101

HOUSE & GARDEN:

The Architectural Eye
of Edith Wharton

Wednesdays

9:30 AM - 11:00 AM

Feb 5, 12, 19

Three sessions only

TUESDAY

A chance to be part of stimulating discussions of today's issues in local and national newspapers and magazines.

Moderator: **David L. Orenstein**, CPA and attorney; member of the B.I.L.L. Finance Committee.

Our internal compass magnetically directs us towards love. However, we orient ourselves on a social landscape. What are the social models provided to attain love? Using Eric Fromm's *The Art of Loving*, we will examine the representations of love in popular movies.

The movies we will be discussing include *Sleepless in Seattle*, *Shakespeare in Love*, *Twins*, *As Good As It Gets* and *The Dream Life of Angels*. The class will decide on additional movies to analyze.

Andréa Staskowski, Ph.D. in Communications, University of Iowa; M.A. in Cinema Studies, New York University, and in Divinity, University of Chicago; Senior Fulbright Lecturer in Poland; Visiting Professor in Norway; author of the forthcoming *Conversations with Experience: Feminist Hermeneutics and the Autobiographical Films of German Women*; currently on sabbatical from Nassau Community College and writing a book on *Reel Love*.

Required Reading: Eric Fromm, *The Art of Loving*

WEDNESDAY

This series of lectures focuses on two of writer Edith Wharton's "ruling passions," domestic architecture and gardens, which she stated should be an extension of the house. Architecture and gardens were frequently used metaphorically in her fiction. However, the subject here will be her two great non-fictional treatises, *The Decoration of Houses*, co-authored with Ogden Codman, and *Italian Villas and Their Gardens*. We will learn why they are the foundations for the best in classical house and garden design.

Thomas Hayes, B.A., University of Cincinnati; former president and first full-time administrator of Edith Wharton Restoration, founded to restore and preserve the Mount in Lenox; lecturer on the classical tradition for such organizations as the Metropolitan Museum of Art, the Cooper-Hewitt Museum and the New England Historic Garden Society; organizer and leader of tours in America and Europe for more than 30 years including "Classical Italian Villas and Gardens: A Tour in the Footsteps of Edith Wharton."

Suggested Reading:

Edith Wharton and Ogden Codman, *The Decoration of Houses*, Norton 1978

Edith Wharton, *Italian Villas and Their Gardens*, Da Capo Press, 1988

W102

SCIENCE FOR GRANDPARENTS

Wednesdays

11:15 AM - 12:30 PM

Jan 15, 22, 29

Feb 5, 12, 19

Learn how schools attempt to capture middle-school students' interest in science. Experiments are based on those prepared by Northeastern University for volunteers in RE-SEED, a program in which retired engineers and scientists lead public school students in conducting experiments.

Have you forgotten the science taught in middle school? The course will review the basics: length, time and mass. We will proceed through Galileo and Newton and end with a dazzling fiber-optic light show. You will learn what your grandchildren are doing in their classes, based on the MCAS frameworks, and might even be able to help them with their homework.

See how marketing uses scientific claims for promoting products and have fun in the process. If you are a retired engineer or scientist, you might decide to become a RE-SEED volunteer.

George Haus, B.S. engineering, Clarkson; M.S. management, Union; was a rocket engineer/manager at General Electric; certified middle-school science teacher; taught at Lenox High School for seven years; acted as coordinator for RE-SEED and taught the RE-SEED program in several Berkshire County schools.

Northeastern Experiment kits will be provided.

Enrollment is limited to 36.

W103

DID JUSTICE TRIUMPH?

Wednesdays

1:30 PM - 3:00 PM

Jan 15, 22, 29

Feb 5, 12, 19

Jan 15 & 22. The Supreme Court Decisions on the Death Penalty and Abortion

Leonard H. Cohen, Boston University Law School; partner, Cain Hibbard Myers & Cook since 1970; primary focus in the criminal defense area.

Jan 29 & Feb 5. The John Scopes trial and the Prosecution of the Rosenbergs

Frank Jakubowicz, Boston College Law School; former Assistant District Attorney in Berkshire County; Pittsfield State Representative; City Councilman; Berkshire County Commissioner; Winter Studies lecturer at Williams College; columnist for *The Berkshire Eagle*.

Feb 12. Sacco and Vanzetti: Would they be found guilty if tried in the 21st century?

Paul E. Perachi, Western New England College School of Law; Presiding Justice of the Berkshire Juvenile Court since 1997; trustee of Massachusetts College of Liberal Arts; board member or trustee of many local community organizations.

Feb 19. The Insanity Defense on Trial

The history of the plea and the clinical and legal elements required for the defense. Cases to be discussed include Andrea Yates and John Hinckley.

Roger Goldin, M.A., Ed.D., Boston University; Director, Forensic Service, Mental Health and Substance Abuse Services of the Berkshires; presenter at workshops in psychology and the law, substance abuse, family and couples treatment, healing and illness; in private practice of psychotherapy and clinical consultation.

TH101**A CONTEMPLATION
OF PLACE****Thursdays**

11:00 AM - 12:30 PM

Jan 16, 23, 30

Feb 6, 13, 20

Where we live has its private places and its shared places. This course provides an opportunity to reflect on the sense of relationship to places personally known and to places that have shaped and formed others. Settings in literature will be considered to sharpen an understanding of how place influences the development of personhood and community. In addition to reflecting on the ways geography influences culture and history, places on the map of the participants' own experiences will be explored for their importance and influence on self.

Virginia Sullivan Finn, M.Ed, University of Massachusetts; M.Div., Weston School of Theology; the author of two books, five chapter contributions, and innumerable articles. Before moving to the Berkshires, she taught and administered graduate degree education in Cambridge, Massachusetts.

Suggested Reading:

Excerpts from works by Gaston Bachelard, *The Poetics of Space*; *The Poetics of Reverie*
Winifred Gallagher, *The Power of Place*

TH102**EDNA ST. VINCENT
MILLAY:****Her Poetry and Life****Thursdays**

1:15 PM - 2:45 PM

Jan 16, 23, 30

Feb 6, 13, 20

Edna St. Vincent Millay is one of the fine poets of the English language and a woman whose character has both fascinated and perplexed people. From 1925 until her death in 1950 she lived in Austerlitz, New York, on the Massachusetts border. This course will focus on some of her best poems and will consider her life through two recent biographies, as well as two short films. The relationship of an artist's work to his or her life and how this is expressed in poetry and biography, will also be considered.

James Kraft, B.A., Princeton; Ph.D., Fordham; research fellow at King's College, Cambridge; taught at the University of Virginia, Université Laval, and Wesleyan University; worked for several major arts organizations; has written extensively on American literature.

Required Reading:

Nancy Milford, *Savage Beauty* or Daniel Mark Epstein, *What Lips my Lips Have Kissed*.
The poems can be found in *Collected Poems: Edna St. Vincent Millay*, edited by Norma Lillay.

For the first class, please read "Renaissance" and "Bluebeard."

At some point, also read the essay, *Epilogue, 1952: Edna St. Vincent Millay*, in Edmund Wilson, *The Shores of Light*.

Suggested Reading:

Vincent Sheean, *The Indigo Bunting*

TH103

LIVING LIFE
TO THE MAX

Thursdays

3:00 PM - 4:30 PM

Jan 16, 23, 30

Feb 6, 13

Five sessions only

Jan 16: It's Never Too Late: Strategies in Illness Prevention

What's all the fuss about high blood pressure, smoking, diet and exercise? Do these really matter? Can disease and illness be prevented? Underlying determinants of health and the impact they can have on quality and duration of life will be reviewed. Knowledge is the first step. How does one tackle these issues? Is it too late to make changes?

Mark Pettus, MD, Assistant Professor of Medicine, UMMS; Associate Program Director, Internal Medicine, Berkshire Medical Center.

Jan 23: Cancer: Myth, Fears and Reality

Even when not responsible for physical injury, cancer creates tremendous anxiety for patients, survivors and families. We will review potential causes and risk factors in the development of malignancies and current understanding of the genetics of cancer with specific attention to breast cancer genes, the P-53 tumor suppressor gene and other gene mutations. Current concepts in cancer screening will also be considered with a thorough discussion of the psychological impact of cancer and new therapeutics for various malignancies.

Jesse Spector, MD, Associate Professor of Medicine, UMMS; Oncologist, Berkshire Medical Center.

Jan 30: Inside/Out: The GI Tract

Traditionally the "butt" of many jokes from within and without the profession, the gastrointestinal system remains perhaps the most complex organ system of the body. Virtually 80 percent of all medical complaints to physicians can be attributed to the GI tract. Recently, much attention has been focused on the prevention of colon cancer. We will review the topic and describe some of the syndromes and gene mutations associated with increased colon cancer risk along with a demonstration of the endoscopic techniques used in screening, diagnosis, and treatment.

Arthur Wasser, MD, Assistant Professor of Medicine, UMMS; Gastroenterologist, Berkshire Medical Center.

Feb 6: You Must Remember This—The Brain As We Get Older: How Is Your Memory Holding Up?

When is forgetfulness a "senior moment" and when is it a sign of something more serious? This course will describe how much memory loss is normal with advanced age. We will discuss how recent scientific studies have contributed to our understanding of brain-behavior relationships. The difference between normal aging and dementia, symptoms of early Alzheimer's disease, causes of memory problems, diagnosis of dementia and treatment options will be discussed, ending with suggestions on how to maximize memory and brain function.

Sarah Marshall, Ph.D., Neuropsychologist; Clinical Director of Memory Disorders Clinic at Berkshire Medical Center.

Feb 13: Alternative and Complementary Medicine

With all the advances in modern medicine it still does not have all the answers. What are current tools or modalities found in alternative and complementary medicine and how do they work? What evidence exists to support an alternative therapy? How does one discuss these with one's physician or health care provider?

Jeff Migdow, MD, Instructor in Holistic Medicine, UMMS; General Holistic Practice, Kripalu Center for Yoga and Health.

Philip Bhark, MD, FACC, Cardiologist, Fairview Hospital.

F101

**THE AMERICAN
REVOLUTION IN
THE BERKSHIRES****Fridays**

10:30 AM - NOON

Jan 17, 24, 31

Feb 7, 14, 21

Overview of events and people in Berkshire County during the American Revolution with discussion of the militia, loyalists, battle of Bennington and the Massachusetts constitution; also Shay's Rebellion of 1780.

Lion Miles, retired airline pilot; has studied the American Revolution for many years and published articles on the subject in various historical journals.

Suggested Reading:

Robert J. Taylor, *Western Massachusetts in the Revolution*, Brown University Press, 1954

F102

**DEMYSTIFYING
THE CHIP****Fridays**

1:00 PM - 2:30 PM

Jan 17, 24, 31

Feb 7, 14, 21

Try to avoid them, but computers have permeated our lives. Not only are we using them to wander around the Internet and shop online, they are in our cars, microwaves, and TV remote controls.

How do computers work? We will not talk about the modern PC or explain how to get our e-mail. The focus will be on the inner workings of the so-called "chip." We will look at applications of the chip in science. You will come away from the course knowing what makes a computer "tick."

1. Introduction: A brief history of computing and an overview of the material we will cover. The foundation of modern computing is the chip; the chip's foundation is sand.

2. Logic: Computers can't do addition. They can, however, fake it. We'll begin to learn how.

3. Addition and Subtraction: This class will reveal the secret behind using your fingers. We will also find out why we have 10 fingers, how early sheep farmers might have counted to 35 and why there are really 14 commandments.

4. Recipes and Algorithms: We will discuss what Betty Crocker gave to computing and why computers walk off cliffs.

5. Multiplying and Dividing: In this class, we will put Betty Crocker to work.

6. Apple Pi: If pi were really just equal to three, then school kids would have an easy time computing the areas of circles. So why don't we just round it off? We'll look at why, and we will find out what a computer thinks pi is.

Thomas P. Sullivan, Research Engineer with Persistor Instruments in Bourne, Massachusetts; designs and develops hardware and software for embedded systems; offers technical support to companies launching missiles, recording data at sea on floating buoys, seals and torpedoes; has assisted in projects for satellite systems, recording athletic performance of humans, and measuring the parameters of a tornado using an instrument purposefully placed in the path of a tornado, to name a few.

**TH104
GENEALOGY****Thursdays**
10:00 AM - 11:30 AMNational Archives
(10 Conte Drive, Pittsfield)Mar 6, 13, 20, 27
Four sessions only**THESE FOUR CLASSES WILL BE HELD THURSDAYS IN MARCH**

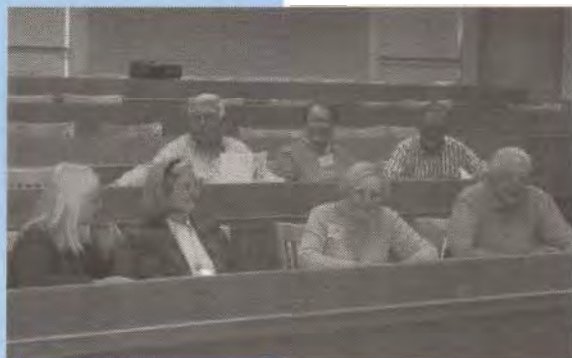
1. Beginning your genealogy: basics of getting started on a family tree
2. Using federal census records: information in census and how to get to it
3. Finding an immigrant ancestor: how to locate an arrival manifest at NARA
4. Computer genealogy: what's available on the Internet

Jean Nudd, M.A., Arizona State University; has run the Pittsfield office of the National Archives microfilm reading room since it opened in 1994.

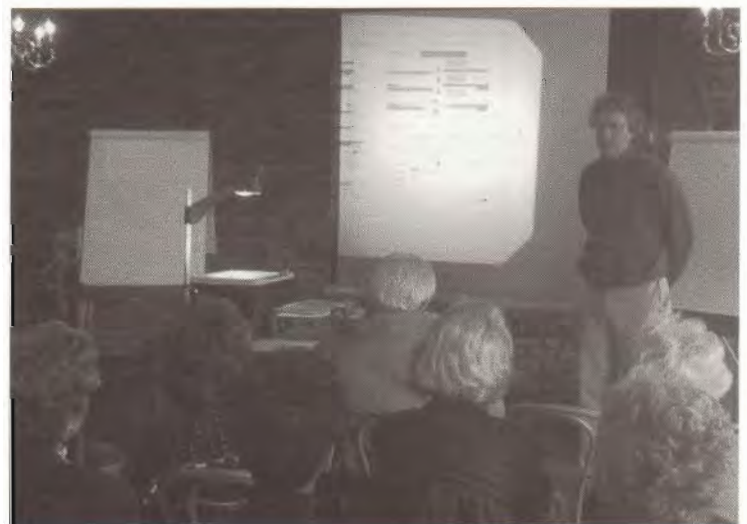
Limited to 35 registrants



Geology Class



Asian Conference



Genetics Class



Williams
College



SIMON'S ROCK COLLEGE
OF BARD

Sponsors: Berkshire Community College, Williams College, Simon's Rock College of Bard



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Return Service Requested

B.I.L.L. adheres to a policy of nondiscrimination towards its members and students and will admit all those who apply regardless of race, religion, color, or national origin.