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2003

*Spring Course Offerings*

April 7 - May 22

**Berkshire Institute For Lifetime Learning**



*...Education is a Lifetime Experience*

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Tom and Judy Easton

B.I.L.L. is a member-run, non-profit educational organization sponsored by Williams College, Berkshire Community College and Simon's Rock College of Bard. It is a member of the Elderhostel Institute Network of Life Long Learning Institutes.

It is designed to:

- Offer non-credit courses and educational programs created and developed by and for B.I.L.L. members on topics reflecting a variety of interests;
- Encourage members to participate on committees as planners and course coordinators, and to serve as lecturers as well;
- Provide Special Events programs and other activities which promote peer interaction.

B.I.L.L. was formed in 1994 by Tom and Judy Easton who recognized the wealth of human resources in the area. Today with a membership of over 980, we offer a wide variety of academic and social programs. There are spring, fall and winter semesters as well as individual lectures; also trips to museums, theaters and historic sites, and an annual New Year's Brunch. Course related domestic and international travel programs are being offered to our members and a series of special lectures in conjunction with local cultural organizations was initiated. A program providing mentoring for students at BCC and local public schools is being developed.

Classes are held at Berkshire Community College, at the Clark Art Institute, at Canyon Ranch, and at Simon's Rock College of Bard, among other locales.

### SPECIAL EVENTS & LECTURES

April 5. **Boston Ballet:** All Balanchine Program; Wang Theater, Boston

April 12. **What is Good Music? A Day with Jeremy Yudkin:** BCC, Pittsfield

April 27. **Sunday by the Sea:** Connecticut River Museum and Florence Griswold Museum, Old Lyme & Essex, Ct.

May 3. **Afganistan Since the Fall of the Taliban:** Professor David Edwards, Williams College

May 29. **Bronx Zoo and Arthur Avenue:** New York City

June 3. **Pleasant Valley Sanctuary:** Canoe trip and guided nature walk with lunch

June 19 or 26. **Jacob's Pillow:** performance and dessert

July 10. **New York City Ballet:** SPAC, Saratoga Springs, NY

TBA. **Islamic Fundamentals and Islamist Fundamentalism:** Prof. Alfred Ivry; Berkshire Community College, Pittsfield

**Catalog:** Ilse Browner (Editor); Maureen Flanagan, Kay Jaffe, Wilma Michaels, Bill Roudebush (Associate Editors)

**Scheduling:** Larry and Phyllis Phillips, Mona Sherman

**Class Management:** Fran Dichter and Joseph Gerard

**Curriculum Subcommittee Chairs:** Phil Kaminstein (Social Science); Joan Olshansky (Literature); Augusta Leibowitz, Thomas Rouse (Science); Aleva Henderson (Arts); Mona Sherman, Dr. Stephanie Beling (Special Projects)



# B.I.L.L. Spring 2003 Course Registration

Courses are for members only. If you are not yet a member, please include a check for \$35\* per person for a one year membership in addition to course fees. If you have any questions, please call (413) 499-4660, Ext. 456.

NAME \_\_\_\_\_ DAY PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
E-MAIL ADDRESS \_\_\_\_\_ FAX \_\_\_\_\_  
WINTER ADDRESS \_\_\_\_\_ DATES \_\_\_\_\_

**COURSE SELECTIONS:** In the spaces provided, indicate the numbers and names of the courses for which you would like to register. Courses will be filled on a first-come, first-served basis.

**FEES:** \$25 for one course unless otherwise indicated.

If you register for 2 courses, you may register for a 3rd course at no additional cost.

If you register for 3 courses, you may register for 2 more courses at no additional cost.

COURSE NUMBER & NAME:

1. \_\_\_\_\_ 6. \_\_\_\_\_  
2. \_\_\_\_\_ 7. \_\_\_\_\_  
3. \_\_\_\_\_ 8. \_\_\_\_\_  
4. \_\_\_\_\_ 9. \_\_\_\_\_  
5. \_\_\_\_\_ 10. \_\_\_\_\_

**PAYMENT INFORMATION:** To register, mail this form along with your check to:  
B.I.L.L., Berkshire Community College, 1350 West Street, Pittsfield, MA 01201-5786.

I am enclosing my check made out to B.I.L.L. for \_\_\_\_\_ courses: \$ \_\_\_\_\_  
Plus \$35\* per person (I am not yet a B.I.L.L. member): \$ \_\_\_\_\_  
Contribution\*: \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

You will receive confirmations as well as reading lists. Required texts are normally in paperback form and can be obtained through local bookshops.

ALL CLASSES AND SCHEDULES ARE SUBJECT TO CHANGE. B.I.L.L. RESERVES THE RIGHT TO LIMIT CLASS/SPECIAL EVENT SIZE AND TO CANCEL ANY COURSE/SPECIAL EVENT IF REGISTRATION IS INSUFFICIENT.

\* Annual dues and contributions are tax deductible.

# We Want to Know Our Members \_\_\_\_\_

IF YOU HAVE NOT YET FILLED OUT A QUESTIONNAIRE, PLEASE DO SO NOW!

NAME \_\_\_\_\_ DAY PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

E-MAIL \_\_\_\_\_

HOW DID YOU LEARN ABOUT B.I.L.L.?

EDUCATIONAL & PROFESSIONAL BACKGROUND:

AREAS OF SPECIAL INTEREST IN WHICH YOU COULD:

- Moderate a discussion course       Teach a course (Name subject)

OTHERS WHO YOU THINK MIGHT TEACH A COURSE:

Names and subjects:

## COMMITTEES OR SUBCOMMITTEES ON WHICH YOU WOULD LIKE TO SERVE:

- CURRICULUM (developing and implementing the courses presented each semester)  
Choose one or more:  Social Science  Science  Literature  The Arts  Special Projects
- CLASS MANAGEMENT (overseeing class needs)
- MEMBERSHIP (old and new member outreach)
- SPECIAL EVENTS (planning and organizing day trips and special functions)
- TRAVEL (planning domestic and international trips)
- FINANCE (handling monies, billing and bookkeeping)
- B.I.L.L.BOARD (writing articles, editing, proofreading)
- CATALOG (editing, supervising production)
- PUBLIC RELATIONS (communicating with media and community)
- MEDIA (making videos of courses and events)
- COMPUTER (knowledge of WORD, Excel or Access)

**DO YOU HAVE SKILLS THAT MIGHT BE HELPFUL?** Please circle as many as apply.

|             |               |                    |                    |
|-------------|---------------|--------------------|--------------------|
| Accounting  | A/V Equipment | Data Entry         | Desktop Publishing |
| Office Work | Video Taping  | Writing or Editing | Other (specify):   |

# Spring 2003 Class Schedule

| MONDAYS  | TUESDAYS  | WEDNESDAYS  | THURSDAYS   | FRIDAYS  |
|--|---|---|---|--|
| APR 7, 14, 21, 28<br>MAY 5, 12   | APR 8, 22, 29<br>MAY 6, 13, 20  | APR 9, 23, 30<br>MAY 7, 14, 21  | APR 10, 24<br>MAY 1, 8, 15, 22  | APR 11, 25<br>MAY 2, 9, 16   |
| <u>BCC-PITTSFIELD</u>  | <u>CLARK ART INST.<br/>AUDITORIUM</u>                                       | <u>SIMON'S ROCK<br/>LECTURE HALL</u>  | <u>BCC-PITTSFIELD</u>   | <u>BCC-PITTSFIELD</u>  |
| M101<br>ENERGY<br>NOON- 1:30 PM<br>H207                                    | T101<br>RNA<br>10:00-11:30 AM   | W101<br>GLOBALIZATION<br>10:45 AM-12:15 PM<br>Apr 23, 30, May 7, 14<br>4 sessions   | TH101<br>EGYPT<br>9:30-11:00 AM<br>H219*  | F101<br>FAUST<br>10:00-11:30 AM<br>G10<br>5 sessions                           |
| M102<br>IRISH HISTORY<br>1:30-3:00 PM<br>H207                              | T102<br>RENAISSANCE<br>ART<br>1:00-2:30 PM<br>No class May 20<br>5 sessions | W102<br>ANTIQUES<br>12:45-2:15 PM<br>No class Apr 9<br>May 21: double session   | TH102<br>SHAKESPEARE<br>11:15 AM-12:45 PM<br>H219*                                | F102<br>MYTHOLOGY<br>12:15-1:45 PM<br>H207<br>First class Apr 25<br>4 sessions |
| M103<br>TV NEWS<br>3:10-4:40 PM<br>K111<br>Apr 7, 14, 21, 28<br>4 sessions | T103<br>CRUSADES<br>3:00-4:30 PM  | <u>CANYON RANCH</u>   | TH103<br>HEADLINES<br>1:15-2:45 PM<br>H207*                                       | F103<br>MUSIC<br>2:00-3:30 PM<br>K111<br>First class Apr 25<br>4 sessions      |
|  |   | W103<br>REJUVENATION<br>3:00 PM-4:30 PM   | TH104<br>HEALTH CARE<br>2:55-4:20 PM<br>K111*<br>First class Apr 24<br>5 sessions |  |
|  |   | <u>BCC-PITTSFIELD</u>   |   |  |
|  |   | W104<br>GREAT BOOKS/<br>GREAT FILMS<br>7:00-9:30 PM<br>K111<br>Apr 23: 7:00-9:30 PM<br>May 14: 6:30-9:30 PM<br>May 21: 7:00-9:30 PM<br>3 sessions | * May 15 only:<br>Berkshire Athenaeum   |  |



**M101**  
**ENERGY CHOICES**  
**FOR AMERICA**  
**(BUT NIMBY!)**

**Mondays**  
 Noon - 1:30 PM

**BCC**  
 H207

Apr 7, 14, 21, 28  
 May 5, 12

It is not surprising that wind and sun, mythical forces of nature over the centuries, are the big players in our search for sustainable energy sources. At the present time, coal, oil, hydro and nuclear power supply almost all of our power, but each has serious drawbacks. This course will explore the potential and the problems of four important and exciting sources of energy: solar, wind, fuel cells and new design nuclear.

**April 7, 14, 21, 28: Solar, Wind, Fuel Cells**

The technical means for converting them into heat and electricity and the technical/societal problems associated with them.

**Barry Lubin**, Ph.D., Director of Cooperative Education and Adjunct Professor of Mechanical Engineering at the University of Hartford, where he teaches courses related to energy conversion. His retirement, after 30 plus years of industrial and academic experience, includes teaching, consulting and historic preservation.

Guest lecturer on fuel cells: **Dr. Subhash Chandra**, Connecticut Clean Energy Fund

**May 5 and 12: New Design Nuclear Power**

Nuclear waste disposal and plant security at the Vermont Yankee Nuclear Plant; new plant designs and the prospect of resuming new plant construction.

**Robert Williams**, serves in the Public Affairs Department of Entergy Nuclear Vermont Yankee, owner of the Vermont Yankee Nuclear Plant in Vernon, Vermont; formerly with the Seabrook Station Nuclear Plant in Seabrook, New Hampshire.

**Suggested Reading:**

J. Kachadorian, *The Passive Solar House: Using Solar Design to Heat & Cool Your House* (\$ 24.95)

P. Gipe, K. Perez, *Wind Energy Basics: A Guide to Small and Micro Wind Systems* (\$19.95), both available from Chelsea Green Publishing Company, [www.chelseagreen.com](http://www.chelseagreen.com)

EPA website on global warming:

<http://yosemite.epa.gov/oar/globalwarming.nsf/content/index.htm>



Physics of Light class



Field trip to Williams' Hopkins forest



## M102

**IRISH FACT,  
IRISH MYTH: Irish  
History Through Fiction**

Mondays

1:30 PM - 3:00 PM

BCC

H207

Apr 7, 14, 21, 28

May 5, 12

Through their fiction, certain Irish authors have interpreted Irish history in a way that is both personal and meaningful to their audience. At the same time, these works have generated controversy and strong opinions about historical veracity. Course participants will review the actual events that inspired the fiction of selected Irish authors and evaluate how successfully their interpretations depict historical events or periods that are both real and personally significant. Participants will discuss Yeats' version of the Rebellion of 1798, O'Casey's interpretation of the Irish Civil War, Somerville and Ross' examination of the 19th century Anglo Irish bourgeoisie, Lady Gregory's views of the Irish peasantry and Frank McCourt's portrait of 1930s and 40s Limerick.

**Kevin Cahill** has graduate degrees in both psychology and history from University College and Trinity College, both in Dublin, Ireland, where he lived for eight years. His principal academic interest is the history of treatment of people with mental handicaps. He is currently the Clinical Director of Meridian Associates in Pittsfield.

**Suggested Reading:** Thomas Kinsella, translator, *The Tain*  
Somerville and Ross, *The Adventures of an Irish R.M.*  
W.B. Yeats, *Cathleen Ni Houlihan*  
Sean O'Casey, *The Plough and the Stars*  
Frank McCourt, *Angela's Ashes*  
Any play by Lady Gregory or short story by J.B. Keane

The Extended Travel Committee, in conjunction with our lecturer and TravelLearn, Inc., has designed a customized trip to Ireland for B.L.L.L. members. The trip is scheduled for June 2-16, 2003. Mr. Cahill will be offering a two session pre-trip lecture series on the history and culture of Ireland and a post-trip summation lecture. A prerequisite for registering for the trip is attendance at either the lecture series, Mr. Cahill's course given last winter or the present course.

FOR FURTHER INFORMATION AND REGISTRATION, PLEASE CONTACT THE B.L.L.L. OFFICE AT 413-499-4660 EXT 456.

## M103

**INSIDE TV NEWS**

Mondays

3:10 PM - 4:40 PM

BCC

K111

Apr 7, 14, 21, 28

4 sessions only

1. **A History of Television News:** how it started, where we are today and how we got there
2. **TV News Production:** how network evening news shows and documentaries are produced
3. **About 60 Minutes:** all you ever wanted to know and more
4. **Journalistic Ethics:** real or an oxymoron?

**Robert Chandler**, journalist for 53 years; retired Senior Vice President CBS News, in charge of *60 Minutes* and all documentaries; headed CBS News Election Unit, political coverage; produced two-hour documentary on education for McNeill/Lehrer Productions; publicist, reporter for *Variety*.



**T101****RNA: A MOLECULE FOR ALL SEASONS****Tuesdays**

10:00 AM - 11:30 AM

Clark Art Institute  
Auditorium

Apr 8, 22, 29

May 6, 13, 20

**No class April 15**

RNA, or ribonucleic acid, has historically been treated as a boring poor cousin to that center-stage nucleic acid, DNA. Although for decades we have known of a few important roles for RNA—as a messenger carrying encoded information from the DNA to the cell's protein-synthesis machinery and as components of the protein-synthesis machinery itself—these roles seemed pretty routine. In the 1980's, our view of RNA got shaken up with the discovery that RNA can function as an enzyme just as proteins do. New surprising discoveries have continued to pour in since then, many of which have applications in cancer therapy and other medical fields. We'll examine the protein-synthesis roles of RNA, the processes of RNA splicing and RNA editing, ribozymes (RNA enzymes), retroviruses (such as HIV) and retrotransposons, and some "weird" RNA phenomena such as RNAi (RNA interference) and Xist RNA (involved in inactivating the human X chromosome). No previous knowledge of RNA is required, but the science content of this course will be high, although very accessible.

**Marsha Altschuler**, B.S. University of Rochester; Ph.D. in Genetics, Indiana University; Professor of Biology at Williams College. Has done genetics research at Cornell University (Ithaca), Washington University (St. Louis), and the Fred Hutchinson Cancer Research Center (Seattle).

**T102****SOME ASPECTS OF ITALIAN RENAISSANCE PAINTING****Tuesdays**

1:00 PM - 2:30 PM

Clark Art Institute  
Auditorium

Apr 8, 22, 29

May 6, 13

**No class April 15****5 sessions only****Apr 8. The Trecento (14th Century) in Florence and Siena**

Topics include: origins of the altarpiece and the techniques of fresco painting; Giotto, his precursors and his followers and Siennese painting

**Apr 22. The Quattrocento (15th Century) in Florence from 1400 to 1450**

Topics include: the Brancacci Chapel, Alberti's theories and the influence of sculpture on painting

**Apr 29. The Quattrocento from 1450 to 1500**

Topics include: Piero Della Francesca, Mantegna and Botticelli

**May 6. The High Renaissance in Florence and Rome, and the Origins of Mannerism in Florence**

Topics include: Leonardo, Michelangelo, Raphael and Pontormo

**May 13. Gallery Talk**

**John Leavey**, Fellow of the American Academy in Rome, is an internationally recognized painter represented in the Hirshhorn Collection of the National Gallery of Art, the Museum of the City of Rome, and many others; taught art history at St. Stephen's School in Rome and currently teaches painting at the Southern Vermont Arts Center.

**Suggested Reading:**

John Pope-Hennessy, *The Piero Della Francesca Trail* and Aldous Huxley, *The Best Picture*; The Little Bookroom, NY



T103

**THE TIME OF  
THE CRUSADES**

Tuesdays

3:00 PM - 4:30 PM

Clark Art Institute  
Auditorium

Apr 8, 22, 29

May 6, 13, 20

No class April 15

**The Time of the Crusades from the Islamic Point of View**

Apr 8. The Crusades in Muslim Eyes

Apr 22. The Crusades in Muslim Memory

**William Darrow, Ph.D.**, Harvard University; Jackson Professor of Religion at Williams College; research interests focused primarily on pre-Islamic Iran, the encounter of cultures in late antiquity, modern Iran and Central Asia.

**Daze of Prayer, Knights of Passion: The Church and the Crusades**

Apr 29, May 6

Into the cauldron of 10th and 11th century Europe go ingredients that create a concoction of religious, political, social and economic realities. This "brew" fed the passions of many elements of society. It led to the call for the First Crusade and the development of heresies that threatened the stability of the Church. Among those who answered "the call" to retake the Holy Land was a small band of men who created a new organization, an Order, that grew to be a major force in world history. The Knights Templar were secretive, powerful and feared, were accused of heresy and finally betrayed, arrested and murdered. In these two sessions, we will explore the impact of Christianity and the Church in the time of the Crusades and the creation of communities both religious and military whose loyalties were a challenge to its authority.

**Barbara J. Cohen, B.A.**, SUNY at Buffalo; the Cantorial Soloist at Temple Anshe Amunim, Pittsfield; currently a candidate for cantorial certification from the Hebrew Union College-School of Sacred Music in New York City; taught and lectured widely on the Bible, Kabbalah and Hebrew language; deeply interested in medieval science, religious philosophy and politics and the historical impact of the interaction between these elements.

**Moses Maimonides' Refuge from the Crusades**

May 13, 20

Maimonides and his family, along with other Spanish Jews, were caught in the middle of the Crusades as the forces of Christianity battled the entrenched power of Islam. We will explore how Maimonides escaped from the conflict and eventually settled in Islamic Egypt where he earned recognition as a scholar, physician and philosopher.

**Rabbi Jack Stern**, ordained at the Hebrew Union College in Cincinnati; Rabbi of Temple Emanu-El, Westfield, New Jersey; Westchester Reform Temple, Scarsdale, New York; member of the Joint Commission on Social Action of the CCAR-UAHC; Board member of the Board of Governors of Hebrew Union College—Jewish Institute of Religion; President of the Westchester Board of Rabbis, among many other distinguished positions.

**Suggested Reading:**

Karen Armstrong, *Holy War: The Crusades and their Impact on Today's World*; Anchor Books, 2001

Jonathan Riley-Smith, *The Crusades: A Short History*; Yale, 1990



W101

**GLOBALIZATION:  
The Media and the  
Message**Wednesdays  
10:45 AM - 12:15 PMSimon's Rock  
Lecture HallApr 23, 30  
May 7, 14  
4 sessions only

After examining divergent views of globalization, e.g. those of Thomas Friedman and William Greider, we will discuss how particular aspects of the phenomenon are viewed in the U.S. media. We will focus on coverage in *The New York Times* and compare it to coverage in English language publications in the United Kingdom, India, Egypt and Pakistan.

**E. Ahmet Tonak**, Ph.D., The New School for Social Research, New York; Professor of Economics at Simon's Rock College of Bard; published in American, British and Turkish journals.

**Peter Cocks**, Ph.D., University of Madison, Wisconsin; Professor of Political Science, Simon's Rock College of Bard.

**Suggested Reading:**

William Greider, *One World, Ready or Not: The Manic Logic of Global Capitalism*, Chps. 1-3  
Thomas Friedman, *The Lexus and the Olive Tree: Understanding Globalization*, Chps. 1-3  
*The New York Times*

W102

**AMERICAN  
ANTIQUES**Wednesdays  
12:45 PM - 2:15 PM  
Except for May 21\*Simon's Rock  
Lecture CenterApr 23, 30  
May 7, 14, 21\*  
\*May 21 (double session):  
10:45 AM - 12:15 PM  
12:45 PM - 2:15 PM

Five experts, all full-time dealers, will share their knowledge and experience in American antiques.

**April 23. Introduction**

Discussion of topics such as dating, authenticity, quality, aesthetics and market values.

**Elliott Snyder**, Ph.D., University of Connecticut; former Assistant Professor, SUNY Albany; ex-President, Antique Dealers' Association of America.

**April 30. Shaker Art**

**Robert Wilkins**, Graduate, Williams College; Member of Advisory Board of the Shaker Museum and Library and Leadership Circle of Hancock Shaker Village.

**May 7. 18th and 19th Century Furniture**

**Elliott Snyder**

**May 14. Folk Art**

**Allan Katz**, Economics degree, University of Bridgeport; former owner of engineering firm; collector of advertising material and folk art.

**May 21. 10:45 AM - 12:15 PM. American Stoneware, Redware and More**

**Samuel Herrup**, J.D., Boston University Law School; Board Member of the Antique Dealers' Association of America.

**May 21. 12:45 PM - 2:15 PM. Making a House a Home**

The role and development of 18th and 19th century textiles in early America.

**Grace Snyder**, C.C.N.Y., University of Grenoble, Cornell University and University of Connecticut; taught in the American Studies Program at SUNY, Albany; current Board Member of the Antique Dealers' Association of America.



## W103

**REJUVENATION & PRESERVATION:****Staying Healthy through Midlife and Beyond**

Wednesdays

3:00 PM - 4:30 PM

Canyon Ranch

Room to be announced

April 9, 23, 30

May 7, 14, 21

No class April 16

An overview of conventional and alternative therapies to maintain a healthy weight, a healthy heart and healthy bones, keep hormones balanced and relationships humming—all with an energy system that doesn't quit. Four physicians, a licensed acupuncturist and a clinical social worker will share their insights and knowledge.

**The Science of Weight Loss**

**Mark Hyman**, M.D., University of Ottawa, Canada; Postgraduate Training, University of California, San Francisco; Board Certified in Family Medicine.

**Ultraprevention: How to Have a Healthy Heart**

**Mark Liponis**, M.D., University of Massachusetts Medical School; Board Certified in Internal Medicine and Critical Care Medicine.

**Acupuncture and Chinese Medicine: How to Enhance Energy Flow**

**John de Kadt**, L.Ac., American College of Traditional Chinese Medicine; Certified Shiatsu Therapist; Five Element Acupuncture Internship; Energy Medicine Department, Canyon Ranch.

**Midlife Mission: Hormones in Balance**

**Cynthia Geyer**, M.D., Ohio State University College of Medicine; Board Certified in Internal Medicine.

**Make No Bones About It: Up-to-Date Information about Osteoporosis**

**Stephanie Beling**, M.D., New York Medical College; Board Certified in Pediatrics and Endocrinology.

**Healthy Relationships Never Go Out of Style—Keep Yours Humming**

**Marcia Bernstein**, M.S.W., Hunter School of Social Work; Board Certified Diplomate, National Board of Examiners in Clinical Social Work; Certified Release Hypnotherapist and Release Therapist.

## W104

**GREAT BOOKS/  
GREAT FILMS**

Wednesdays

7:00 PM - 9:30 PM

6:30 PM - 9:30 PM

7:00 PM - 9:30 PM

BCC

K111

Apr 23

May 14, 21

3 sessions only

We will discuss three books and the films made from them. The discussions will be led by three different moderators.

April 23. Kazuo Ishiguro, *The Remains of the Day*

1993 Movie starring Anthony Hopkins and Emma Thompson. Director: James Ivory  
A fascinating portrait of a person who made a commitment in life and stuck to it without (almost any) question forever.

Discussion Leader: **Paul Smilow**, MD, Professor of Pathology at Robert Wood Johnson Medical School; performed in many musical theater productions.

May 14. Michael Ondaatje, *The English Patient* (Note: Starts at 6:30 pm)

1996 Movie starring Ralph Fiennes, Kristin Scott Thomas and Juliette Binoche

Director: Anthony Minghella

An epic love story that strikes universal chords.

Discussion Leader: **Jack Rubin**, D.D.S.; taught at Fairleigh Dickinson Dental School; retired from private dental practice.

May 21. Harper Lee, *To Kill A Mockingbird*

1962 Movie starring Gregory Peck. Director: Robert Mulligan

A struggle for justice in a small, racist community.

Discussion Leader: **Barbara Greenbaum**, M.S.W. Wurzweiler School of Social Work, Yeshiva University; psychotherapist in private practice in New Jersey; currently hosting *The Way We Are* on Berkshire County Cable.



**TH101****THE SURVIVAL  
OF (EGYPTIAN)  
PHARAONIC  
CULTURE****Thursdays**

9:30 AM - 11:00 AM

**BCC**

H219

Apr 10, 24

May 1, 8, 15\*, 22

**No class April 17**\* May 15 at the  
Berkshire Athenaeum**1200 BC–6th Century AD**

The last of six B.I.L.L. courses tracing the history of the Pharaonic culture. This course will cover from the 20th dynasty rule of Ramses III until around the first half of the millennium when Christianity and later Islam supplanted it. We will study the culture and the great temples of Egypt which date from this period (Edfu, Denderah, late Karnak, etc.) as well as high points such as the legal removal of gold from the tombs, the Valley of the Golden Mummies, animal cults, Egyptian intervention abroad.

**Lenore O. Congdon**, Ph.D. in Ancient Art, Harvard; taught courses on Egyptian Art and Culture at Berkshire Community College, Williams College, Elderhostels and B.I.L.L.; published articles on ancient Egypt.

**Suggested Reading:** Museum catalogs, books on Egyptian history, travel guides.

A handbook, compiled and written by Dr. Congdon, will be distributed to the class.

**TH102****WILLIAM  
SHAKESPEARE:  
"FOR EVER & A DAY..."****Thursdays**

11:15 AM - 12:45 PM

**BCC**

H219

Apr 10, 24

May 1, 8, 15\*, 22

**No class April 17**\* May 15 at the  
Berkshire Athenaeum

The works of William Shakespeare are a deep vein of gold whence riches can ever be mined. We will dig to unearth some new nuggets, always reminded that "joy's soul lies in the . . . digging."

**Diane Hitter**, M.S., Brooklyn College; retired teacher; Teacher of the Year, 1987; recipient of the NYC Administrative Women in Education Award, 1989; Associate Supervision and Curriculum Development, New York State; Interpreter at Herman Melville's Arrowhead; Board Member, Friends of Robert Frost Society.

**TH103****TODAY'S HEADLINES****Thursdays**

1:15 PM - 2:45 PM

**BCC**

H207

Apr 10, 24

May 1, 8, 15\*, 22

**No class April 17**\* May 15 at the  
Berkshire Athenaeum

A chance to participate in stimulating discussions of today's issues as reported in local and national newspapers and magazines.

**Moderators:**

**Ann Trabulsi**, B.A., Wellesley College; Board Chairman, Berkshire Health Systems; Director, Berkshire Bank; community volunteer and newspaper addict.

**Dick Whitehead**, Retired chairman of Berkshire Life and former chairman of B.C.C. Trustees; longtime community volunteer.



TH104

**HEALTH CARE IN  
THE BERKSHIRES II**

Thursdays

2:55 PM - 4:20 PM

BCC

K111

Apr 24

May 1, 8, 15\*, 22

5 sessions only

\* May 15 at the  
Berkshire Athenaeum**Apr 24. The Mind-Body Connections: Advances, Diagnosis and Treatment of Mental Health**

The presence of mental illness, and in particular depression, has become both better recognized and accepted than in prior years. Still, symptoms often go undiagnosed or untreated in mainstream medicine and society. What can be done to understand, cope with or cure depression and other mental health diseases?

**Alex Sabo, MD**; Associate Professor of Clinical Psychiatry, UMMS; Chairman, Department of Psychiatry and Behavioral Health, Berkshire Medical Center.

**May 1. Your Heart: A Guide to its Proper Use & Maintenance**

When we purchase an automobile, an owner's manual, maintenance schedule and warranty information are included to explain how to maintain the "vehicle's health." But we are given very little concrete information about the machinery we depend on daily, i.e. the heart, the pump that helps fuel our bodies. Dr. Finck's practical approach to cardiology will provide participants with a quick lesson on how the heart functions. Common problems and recommendations for keeping this vital organ in good working condition will also be discussed.

**David Finck, MD**; Associate Professor of Medicine, UMMS; Cardiologist, Berkshire Medical Center.

**May 8. Back to Sleep: Advances in Treatment of Sleep Disorders**

"Why study sleep. . . after all, it's only one third of your life!" William Dement, MD, Ph.D., Father of American Sleep Medicine, sounded that rally cry in the 1980s at Stanford, making an impassioned and well-reasoned case that medical sleep research was overdue. One disorder, Obstructive Sleep Apnea Syndrome is more common than asthma, clearly causes premature death and morbidity, and has treatment with 80 percent success rate and virtually no attendant risk. Dr. Ringler, who heads the Sleep Disorders Center at BMC, will survey sleep disorders, emphasizing those that are common and treatable. Don't bring your pillow.

**Jack Ringler, MD**; Associate Professor of Medicine, UMMS; Director, Sleep Disorders Center/Pulmonologist, Berkshire Medical Center.

**May 15. Oh My Aches & Pains: Current Thoughts on Rheumatology & Arthritis (Berkshire Athenaeum)**

A brief overview of Rheumatology, Arthritis and its evolution, and medical specialty information will be provided on the state-of-the-art diagnosis and treatment of Rheumatic and Arthritic Disease. The session will also give participants a glimpse of what lies on the horizon in research, diagnosis and treatment of these diseases as well as what can be done to inhibit their progression and maintain health and mobility once encountered.

**Ed Hornstein, DO**, University of New England College of Osteopathic Medicine; Associate Professor of Medicine, UMMS; Division Chief, Rheumatology, Berkshire Medical Center.

**May 22. The Quality of Healthcare on the Internet: Evidence Based Medicine/Yogi Berra Meets the New Millennium**

In this session, Dr. Ellrodt will explore healthcare information available on the Internet and discuss potential benefits and risks of obtaining information on-line. He will also discuss new and promising approaches to improving the quality of information through evidence rather than anecdote and optimizing patient use.

**Gray Ellrodt, MD**; Professor of Medicine and Program Director of Internal Medicine, Berkshire Medical Center.



## F101

FAUST IN MUSIC,  
ART & LITERATURE

## Fridays

10:00 AM - 11:30 AM

## BCC

G-10 (off cafeteria)

Apr 11, 25, May 2, 9, 16

5 sessions only

You need not have taken the first Faust course to register for this course. Further survey of the Faust legend will bring it into the 20th century with examination of a Mahler Symphony, a Broadway musical, an opera by Igor Stravinsky, a cantata by Alfred Schnittke, a novel by a self-exiled German author and a series of admonitory letters to a devil's disciple.

**Walter Bemak** taught English in high school and college, chaired high school English departments for 23 years, and spent 7 years as Director of Language Arts and Executive English Editor for major textbook publishing firms.

**Suggested Reading:** Douglass Wallop, *The Year the Yankees Lost the Pennant*; Thomas Mann, *Doctor Faustus*; C.S. Lewis, *The Screwtape Letters*

## F102

## MYTHOLOGY

## Fridays

12:15 PM - 1:45 PM

## BCC

H207

Apr 25, May 2, 9, 16

4 sessions only

This course will focus on Western mythology with comparisons to Native American, Near Eastern and Asian mythology.

1. **Introduction:** Definition of terms. How myths attempt to explain the world around us. Examination of gods, goddesses and what they represent.
2. **Universal Stories:** Investigation of commonalities in creation myths, stories about the birth of man and flood stories.
3. **Great Greeks:** This session will focus on famous heroes including Agamemnon, Odysseus, Oedipus and Theseus.
4. **Norse Mythology:** Exploration of the similarities with and differences from Greco-Roman mythology. We will look into the Arthurian Cycle and the Niebelungen Saga.

**Paul Flaum**, B.A. in History, Columbia University; has taught numerous courses for B.I.L.L. and Elderhostel; taught social studies for many years and was active in social studies organizations at the state and national level. He is currently First Vice President of B.I.L.L.

**Suggested Reading:** Larousse, *World Mythology*; Robert Graves, *Greek Gods and Heroes*; Morgan J. Roberts, *Norse Gods and Heroes*; J.G. Frazer, *The Golden Bough*

## F103

LIVES IN MUSIC,  
MUSIC IN LIVES

## Fridays

2:00 PM - 3:30 PM

## BCC

K111

Apr 25, May 2, 9, 16

4 sessions only

We will consider several kinds of music against the background of the composers' lives, the nature of musical creativity and the psychology behind individual works. Composers will include Wolfgang Amadeus Mozart, Ludwig van Beethoven, Gustav Mahler, Charles Ives and others.

**Stuart Feder**, MD, Albert Einstein College of Medicine; M.A., in Music, Harvard University; Clinical Associate Professor of Psychiatry at the Albert Einstein College of Medicine; faculty member of the New York Psychoanalytic Institute and the Juilliard School; Publications include: *Charles Ives: My Father's Song* and *The Life of Charles Ives*. Dr. Feder is completing a biography of Gustav Mahler.

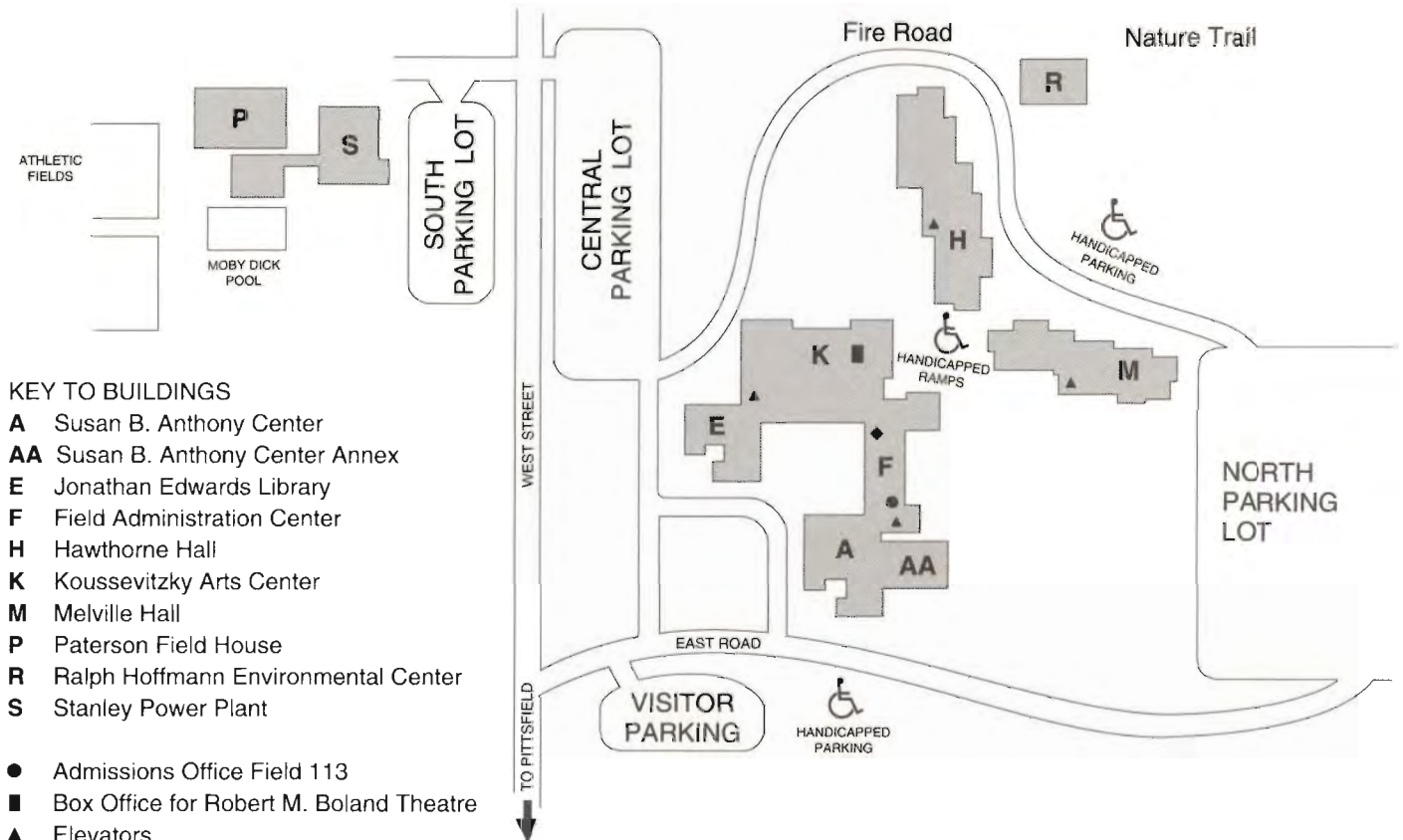
Two sessions on musical theater will focus on the works of Richard Rodgers, the anniversary of whose birth is celebrated this year, and his major collaborators, Lorenz Hart and Oscar Hammerstein II.

**Charlotte Kaufman**, MM; Founder and Artistic Director of Boston Musical Theater, a vocal and instrumental ensemble that specializes in The Great American Songbook; teaches piano and harpsichord at The New England Conservatory School of Continuing Education.

**Suggested Reading:** Maynard Solomon, *Beethoven and Mozart*; Jonathan Carr, *Mahler*; Stuart Feder, *The Life of Charles Ives*



# Berkshire Community College Campus Map



## PARKING REGULATIONS (IMPORTANT!)

B.I.L.L. members may park in the north, central and south lots in areas NOT designated as faculty, employee, or handicapped parking areas.

B.I.L.L. members may NOT park in the Visitors' Parking Area (on the right as you enter the College) or on the grass anywhere on the College grounds.

### Handicapped Parking

In order to park in a "handicapped" reserved parking space, a driver must possess one of the following: 1) A distinguishing license plate issued in accordance with MA General Law Chapter 90, Section 2; or 2) A special parking identification plate, issued in accordance with MGL, Chapter 90, Section 2, bearing the driver's name and photograph; or 3) The official identification of a handicapped person issued by any other state or any Canadian Province.

### Parking Fines

Cars parked in unauthorized areas will be ticketed. Payments will be accepted at the office of the parking clerk. Cars with six or more parking violations may be immobilized with a "Denver Boot" and an additional fee of \$25 will be charged to have the boot removed. Unpaid fines will result in the inability to renew one's driver's license and/or registration.



**SIMON'S ROCK COLLEGE**  
**OF BARD**

Sponsors: Berkshire Community College, Williams College, Simon's Rock College of Bard

## B.I.L.L. Spring 2003 Classroom Locations

### BCC Campus, West Street, Pittsfield

(Monday, Wednesday PM, Thursday, Friday,)

M101 Energy Choices for America (But Nimby!)  
M102 Irish Fact, Irish Myth: Irish History Through Fiction  
M103 Inside TV News

W104 Great Books/Great Films (Evening)

TH101 The Survival of (Egyptian) Pharaonic Culture  
TH102 William Shakespeare: "For Ever and a Day. . ."  
TH103 Today's Headlines  
TH104 Health Care in the Berkshires II

F101 Faust in Music, Art and Literature  
F102 Mythology  
F103 Lives in Music, Music in Lives

### Clark Art Institute, Williamstown (Tuesday)

T101 RNA: A Molecule for all Seasons  
T102 Some Aspects of Italian Renaissance Painting  
T103 The Time of the Crusades

**Simon's Rock College, Great Barrington (Wednesday)**  
**From Main Street: Second Entrance, past Athletic Center,**  
**left onto back road, park in last of 3 lots**

W101 Globalization: The Media and the Message  
W102 American Antiques

### Canyon Ranch, Lenox (Wednesday)

W103 Rejuvenation and Preservation: Staying Healthy  
through Midlife and Beyond



**B.I.L.L.**  
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*Return Service Requested*

B.I.L.L. adheres to a policy of nondiscrimination towards its members and students and will admit all those who apply regardless of race, religion, color, or national origin.