

B

I

L

L

**Berkshire Institute Lifetime Learning**

*1997 fall course offerings*  
September 9 - October 24



*..Education is a Lifetime Activity.*

# B.I.L.L.

◆ Berkshire Institute For Lifetime Learning ◆

## Slate of Officers 1997 - 1998

### Founders

*Tom & Judy Easton*

### Ex-Officio Presidents

*Tom Easton 1994 - 96*

*Len Stolzberg 1996 - 97*

### President

*Ann V. Dulye*

### 1st Vice President

*Norman Avnet*

### 2nd Vice President

*Ilse Browner*

### Secretary

*Judy Easton*

### Treasurer

*Walter Leon*

### Director-At-Large

*Robert Chandler*

*Jerome Light*

*Susan Phillips*

*Anna Pollock*

*Jack Rubin*

*Arthur Sherman*

### Chairman

#### Curriculum

*Ellie Sack*

#### Finance

*Howard Gorham*

#### Special Events

*Lillian Cohen*

#### Membership

*Ileen Cohen*

#### Media

*Ron Gilbert*

#### Winter Lecture Series

*Elliott Vines*

## PURPOSES AND OBJECTIVES

B.I.L.L. is a membership-run, non-profit educational organization sponsored by Williams College and Berkshire Community College and is an affiliate of the Elderhostel Institute Network.

It is designed to:

- Offer non-credit courses created and developed by and for B.I.L.L. members on topics reflecting a variety of interests.
- Encourage members to participate on committees as planners, course coordinators, and facilitators.
- Provide programs of special events and other activities promoting peer interaction.

In the fall of 1994, a dream for continuing education in the Berkshires consumed Tom and Judy Easton. Recognizing the wealth of human resources in the area, they embarked on forming the Berkshire Institute for Lifetime Learning. The rest is history. The excitement and contagious spirit of accomplishment created unparalleled success.

Williams College and Berkshire Community College were solicited by the Eastons to be sponsors of the new organization. Both Henry Payne and Barbara Viniar embraced the proposal, giving it full support financially as well as educationally.

Although only 150 members were anticipated, the first year's membership grew to 270 members eager to enroll in the Spring 1995 program. A Special Events program was initiated shortly thereafter so that B.I.L.L. members could enjoy both educational and social programs. With a growing membership additional courses and social programs were added until today, with a membership of more than 500, B.I.L.L. is ascending to new heights to meet the needs of Learning in Retirement.

B.I.L.L. offers a spring and fall semester of college-level courses encompassing history, literature, social science, philosophy, science and the arts. Special events, with trips to museums, theaters, historic sites, in addition to the annual New Years Day Brunch, fill out the yearly program. This year B.I.L.L. inaugurated a Winter Lecture Series. Held as a luncheon program during January, February and March it attracted capacity audiences. The success of this series demanded that it become an annual affair.

## PRESIDENT'S MESSAGE

"Learning is ever in the freshness of its youth even for the old."

(Agamemnon 584)

This wise statement prevails in all its splendor even today. Agamemnon surely had B.I.L.L. in mind when he uttered these profound words. As we enter our fourth year, we think back to the summer of 1994, gratefully, when Tom and Judy Easton assembled in their home a group of friends to hear their plans for launching the Berkshire Institute for Lifetime Learning. That dream has been fulfilled 500 times over. Thanks to you. And today, B.I.L.L. is among the leading Institutes for Learning in Retirement in the Elderhostel Network System.

As another year unfolds, the challenge of sustaining the quality and creativity of our curriculum and the good cheer of our social events is a responsibility that we all share. The human resources of our organization are overwhelming and impressive. Let us engage them and flourish.

The Fall Catalogue boasts a richness and diversity of courses and events. Our compliments to the Curriculum and Special Events Committees, for their efforts to present the very best in learning.

The Winter Lecture Series Committee is planning another season of informative luncheons to lighten the season doldrums. Efforts are underway to match the success of their inaugural year of speakers. Complete programs will be announced shortly.

A deep feeling of appreciation to our sponsors, Berkshire Community College and Williams College, for providing classrooms and services for our programs. A measure of our success is attributed to them.

Your support is essential to maintain an effective Berkshire Institute for Lifetime Learning with your attendance in classes, moderating a program, serving on committees, and sharing the freshness of your ideas.

It is an honor to serve as President of B.I.L.L. Thank you for your assistance and encouragement; together we will develop a bond of pride.

*Ann V. Dulye*

---

**IMPORTANT - PLEASE NOTE**

To make it possible for our members to attend a greater variety of courses with our outstanding lecturers we are making the following offer:

If you register for two (2) courses, you are invited to register for one (1) more course at no additional cost to you.

If you register for three (3) courses, you are invited to register for two (2) more courses at no additional cost to you.

Please fill in the course numbers and titles of all your course choices on the Registration page.

Remember to list at least two alternate selections in case any of your chosen courses are already filled when your Registration is received. (Classes held in K110 or K111 will be able to accommodate all registrants.)

Each course is so structured that missing some individual classes will not lessen your enjoyment of the rest of the course.

# B.I.L.L. COURSE REGISTRATION

Each registrant must submit an individual form. Courses are for members only. If you are not yet a member please include a check for \$30.00 for a year's membership in addition to course fees. If you have any questions, please call (413) 499-4660, Ext. 379.

## PERSONAL INFORMATION

NAME \_\_\_\_\_ DAY PHONE \_\_\_\_\_  
SOCIAL SECURITY # \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
E-MAIL ADDRESS \_\_\_\_\_ FAX \_\_\_\_\_

## COURSE SELECTIONS

In the spaces provided, indicate the name and number of the courses for which you would like to register, as well as alternates. If a course is full, you will be put on a waiting list while being registered for your alternate. Courses will be filled on a first-come, first served basis through the first week of classes.

COURSES	ALTERNATES
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____

## REGISTRATION AND PAYMENT INFORMATION

Submit a check for \$25 per course, payable to B.I.L.L. To register, mail this completed form, along with your check, to B.I.L.L., Berkshire Community College, 1350 West Street, Pittsfield, MA 01201-5786.

I am enclosing my check @ \$25 per course: \$ \_\_\_\_\_  
plus \$30 (I am not yet a B.I.L.L. member): \$ \_\_\_\_\_  
Total: \$ \_\_\_\_\_

*I wish to reserve a place for Thursday lunches at the Faculty House in Williamstown:*

Confirmation will be sent, as well as Reading Lists. Required texts are normally in paperback form and can be obtained through many local bookshops.

ALL CLASSES AND SCHEDULES ARE SUBJECT TO CHANGE. B.I.L.L. RESERVES THE RIGHT TO LIMIT CLASS/SPECIAL EVENT SIZE AND TO CANCEL ANY COURSE/SPECIAL EVENT IF REGISTRATION IS INSUFFICIENT.

*Please note: Fees paid to B.I.L.L. are not tax deductible.*

# Berkshire Institute Lifetime Learning

*Founded in 1994*

**We want to know our members. Please take a moment and fill out the following questionnaire.**

NAME \_\_\_\_\_ DAY PHONE \_\_\_\_\_

SOCIAL SECURITY # \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_ FAX \_\_\_\_\_

HOW MANY YEARS HAVE YOU BEEN LIVING IN THE BERKSHIRES ? \_\_\_\_\_

HOW MANY YEARS HAVE YOU BEEN A MEMBER OF B.I.L.L. ? \_\_\_\_\_

It would be helpful if you would give some background information, (e.g. your interests, hobbies, skills, career work, etc.).

---

---

---

---

*Please check the committee below on which you would like to serve.*

- CURRICULUM (this committee selects and implements the courses presented each semester)
- MEDIA (this committee handles media releases, taping, video and Billboard News Letter)
- MEMBERSHIP (this committee handles course registration, membership applications and renewals, new member out reach and the organization of the annual meeting.)
- FINANCE (this committee handles all monies, billings and bookkeeping)
- SPECIAL EVENTS (this committee plans and facilitates trips and special functions)
- WINTER LECTURE SERIES (this committee arranges all aspects of B.I.L.L.'s winter program, speakers, location and menu)

## B.I.L.L. FALL SEMESTER 1997

Dear Friends:

As the incoming chairman of the Curriculum Committee, I have looked forward to sharing with all of you the pleasure of receiving B.I.L.L.'s Catalog for Fall 1997. It is always a struggle to make choices from among the many tempting classes being offered.

Our past chairman, Ilse Browner, has worked closely and very successfully with the talented men and women who form the Curriculum Committee. Their efforts have brought us high-quality instructors and challenging subjects. They have our endless gratitude.

Anna Pollock will be serving as Vice-Chairman of our committee. She is a valued member of the group.

New this year were the Thursday classes at Williams College Faculty House. They have been well received. Lunch on the sun porch between classes was a delightful break. We enjoyed good food and good conversation. "Thursday at Williams" will be repeated in the Fall semester program with a morning class at the Faculty House and an afternoon class at Lawrence Hall, adjacent to the Williams College Museum.

Fall lecturers will include Williams professors, both active and retired, several B.I.L.L. members and community members with special expertise.

Under consideration for the future is more peer teaching and a day of classes at BCC facilities in Great Barrington. Let us know what you think!

Register early! Registration is first come, first served. If a class is already filled you may choose between your Alternate Course selection or being placed on a waiting list.

There will be no classes on October 2nd and 3rd.

See you in class!

*Ellie Sack*, Curriculum Committee Chairman

*Anna Pollock*, Vice-Chairman

### FALL 1997 CLASS SCHEDULE

TUESDAY	WEDNESDAYS	THURSDAYS Williams College	FRIDAYS
Sept. 9, 16, 23, 30 Oct. 7, 14	Sept. 10, 17, 24 Oct. 1, 8, 15	Sept. 11, 18, 25 Oct. 9, 16, 23 <i>No Class Oct. 2</i>	Sept. 12, 19, 26 Oct. 10, 17, 24 <i>No Class Oct. 3</i>
<b>T101 HEADLINES</b> 11:00 AM - 12:30 PM H 205	<b>W101 AMERICAN HISTORY</b> 9:00 AM - 10:30 AM K111 (Little Theater)	<b>TH102 THE SEA'S EDGE</b> 10:00 AM - 11:30 AM Faculty-Alumni House	<b>F101 HEALTH &amp; HEALING</b> 9:30 AM - 11:00 AM K111 (Little Theater)
<b>T102 GREAT ESCAPES</b> 1:30 PM - 3:00 PM K110 (Boland Theater)	<b>W102 MURDER MYSTERY</b> 11:00 AM - 12:30 PM H 205	<b>TH102 ARCHITECTURE</b> 1:00 PM - 2:15 PM 231 Lawrence Hall	<b>F103 WALT WHITMAN</b> 11:30 AM - 1:00 PM K111 (Little Theater)
<b>T103 JOAN OF ARC</b> 1:30 PM - 3:00 PM K111 (Little Theater)	<b>W103 JOAN OF ARC</b> 1:30 PM - 3:00 PM K111 (Little Theater)		

### SPECIAL EVENTS CALENDAR

<b>FALL</b>	Monday, September 15	Hyde Park & Val-Kill, Vanderbilt Mansion
<b>FALL</b>	Thursday, November 6	B.S.O. Rehearsal/ Picasso Exhibit - Museum of Fine Art, Boston
<b>WINTER</b>	Thursday, January 1	New Year's Day Brunch
<b>WINTER</b>	January, February, March	Lecture Series
<b>WINTER</b>	March	Smith College Museum & Spring Bulb Show

**T101**  
**TODAY'S**  
**HEADLINES:**  
**News of the Week**

Tuesday  
 11:00 AM - 12:30 PM

Hawthorne 205  
 Sept 9, 16, 23, 30  
 Oct 7, 14

**T102**  
**GREAT ESCAPES**

Tuesday  
 1:30 PM - 3:00 PM

K110 (Boland Theater)  
 Sept 9, 16, 23, 30  
 Oct 7, 14

Once again, here is your opportunity to voice strong opinions about current events. The moderator serves as a guide and provocateur and lively discussion is the centerpiece of the course. Topics are selected from the Sunday New York Times and other sources. Class limited to 25 students.

Moderator:

**Dr. Jack Rubin:** taught at Fairleigh Dickinson Dental School and was in private practice.

While every escape involves movement from one place to another, some escapes deliver an impact of historic consequences upon both places. And while every escape involves movement from one state of affairs to another, the new state of affairs sometimes marks a turning point in the lifetime of humanity.

The series of presentations will explore the dynamic of six escapes and will assess their influence upon places and times in human history.

**1. The Exodus, Sept. 9**

The escape of the Hebrew slaves from the tyranny of Egypt's Pharaoh has become a paradigm of liberation from enslavement and oppression.

**Rabbi Jack Stern:** Rabbi Emeritus, Westchester Reform Temple, Scarsdale, NY. Chairman, Ethics Committee, Union of American Hebrew Congregations, the national organization of Reform Jewish congregations. Past President, Central Conference of American Rabbis.

**2. The Underground Railroad, Sept. 16**

Narratives of and by those who, in the Civil War period, made their way to freedom and those who helped them.

**Morton Levy:** Chairman, Board of Advisors of Fordham University; retired Chairman and C.E.O. of *Just Toys*; Chairman, *Jacob's Pillow*, 1989-95; Board Member, Austen Riggs.

**3. The Irish Potato Famine, Sept. 23**

From the middle of the nineteenth century through the first third of the twentieth century, Irish made up one of the largest immigrant groups in the United States. This talk will focus on how the Potato Famine of the 1840's not only caused millions of Irish to leave Ireland, but also determined the nature and character of Irish emigration both during and after the Great Hunger.

**Dr. Kevin Scott Wong:** Assistant Professor of History, Williams College; Ph.D., Department of History, University of Michigan; author, *Many Americas: Perspectives on Racism, Ethnicity and Cultural Identity*.

**4. The Dalai Lama's Escape to India, Sept. 30**

The presentation will describe the escape of the Dalai Lama from Tibet, which had been taken over by China, and will examine the political consequences of this remarkable adventure.

**Dr. Georges Bernard Jacques Dreyfus:** Associate Professor, Dept. Of Religion, Williams College; Ph.D. in History of Religions, University of Virginia; *Law, State and Political Ideology in Tibet*; Fulbright Fellowship, India 1989-90.

**5. The Puritans and the Huguenots, Oct. 7**

In leaving the Old World for the New, the Puritan and Huguenot refugees from the 17th century Europe experienced the ironic challenge of unwelcome forms of freedom.

**Dr. Patricia J. Tracy:** Charles R. Keller Professor of History, Williams College; Ph.D. in American History, University of Massachusetts; specialist in Early American History; author, *Reconsidering Migration in Colonial New England*.

**6. Dunkirk, Oct. 14**

Of the Great Escapes of modern times, the British evacuation of more than 360,000 British and Allied soldiers from the beaches of Dunkirk in May, 1940 in the face of overwhelming Nazi land and air forces ranks as the greatest and most important. The arrival of those troops safe and sound in England gave British the time and resolve it needed to stand alone and to survive the German onslaught. It marked the first turning point of World War II.

**Robert Chandler:** Retired 1985 as Senior Vice President, CBS News; Executive in charge of *60 Minutes*; Executive Producer, Director, CBS News Election Unit - developed computer systems to provide early projections and analysis of election returns. Creator and Producer, *Learning in America: Schools That Work*, a 2-hour PBS documentary.

## W101 SELECTED ISSUES IN AMERICAN HISTORY

Wednesday  
9:00 AM - 10:30 AM

K 111 (Little Theater)  
Sept. 10, 17, 24  
Oct. 1, 8, 15

1. **Sectionalism** - Problems of the Federal System  
A look at sectional issues that have split North and South, East and West, City and Country and how they can be resolved.
2. **Agrarianism to Industrial Society**  
A review of how the development of large scale industry changed America.
3. **Integration of Immigrants - Melting Pot vs. Pluralism**  
A study of how nativism and racism conflict with the need for workers and the American Dream.
4. **Becoming A World Power**  
The impact of imperialism (1890-1910) and the World Wars on American society.
5. **"Dirty Words" - Liberal vs. Conservative**  
What was a Liberal in 1930, 1960, 1990?  
What was a Conservative in 1930, 1960, 1990?
6. **Issues for the 21st Century**  
The future of: Affirmative Action; Pro-Choice vs. Pro-Life; Gay and Lesbian Rights.

**Paul Flaum:** AB in History, Columbia College; Social Studies Educator; Past President of the Association of Teachers of Social Studies, New York City; Past President, New York State Council for the Social Studies; Superintendent of Schools, Smithtown, NY; author of numerous articles.

## W102 THE MURDER MYSTERY

Wednesday  
11:00 AM - 12:30 PM

Hawthorne 205  
Sept. 10, 17, 24  
Oct. 1, 8, 15

How is Agatha Christie the great deceiver? A psychological and literary analysis of her ability to confound the arm chair sleuth. How she endured for seventy years. An overview of the murder mystery - where the genre fits in literature and the multiple types of mysteries.

**Carole Owens, Ph.D.**, is the author of *Berkshire Cottages* (1984), *Bellefontaine* (1989), *The Lost Days of Agatha Christie* (1996), *Who Killed Carrie Knox?* (1997); a contributor to *Stockbridge Story* (1989), the editor of *Fundraising* (1986), and numerous articles. She is currently in private practice having obtained her DSW at Yeshiva University in 1987. Other Berkshire mystery writers will make guest appearances during the course.

Suggested reading:

*Murder of Roger Ackroyd* by Agatha Christie  
*Last Days of Agatha Christie* by Carole Owens  
*Who Killed Carrie Knox?* by Carole Owens (if available)

(Although these specific books are suggested, we will use in class what *you* have read.)

## W103 JOAN OF ARC

Wednesdays  
1:30 PM - 3:00 PM

K 111 (Little Theater)  
Sept. 10, 17, 24  
Oct. 1, 8, 15

Intrigue, betrayal, violence, greed, villainy, passion, heroism, victory, witchcraft, heresy, torture, murder, sainthood: Joan's life is one that pulp fiction could not invent. Imagine if she had lived past nineteen.

A detailed cultural history of France as it emerges from its medieval mold into the Renaissance, this course covers the Hundred Years War, and Joan's mission to lift the siege of Orleans, save France and crown Charles VII at Reims. Her subsequent defeat, capture and trial are told in her own words and those of her contemporaries. Times change as do political exigencies and twenty years later she is rehabilitated through a second trial: although, she cannot be unburned.

Poets and playwrights perceive Joan through different cultural lenses. We shall look at Shakespeare, Shaw and Francois Villon.

Her canonization took place in 1920. Joan became Saint Joan. As a twentieth century saint what does she have to say to us?

**Julie Lowell**, AB, Smith College. Studied the "Procès et Condamnation de Jeanne D'Arc at the Université de Genève," Geneva, Switzerland. Taught French Language and Culture at the Woodmere Academy, Woodmere, NY.

Suggested Viewing: Shakespeare's *Henry V* starring Kenneth Branagh (available at Video stores)



**TH101**  
**AT THE SEA'S**  
**EDGE:**  
**A Naturalist's View**  
**of the Coast**

Thursday  
 10:00 AM - 11:30 AM

Faculty-Alumni House  
 Sept. 11, 18, 25  
 Oct. 9, 16, 23  
 (No class Oct. 2)

The edge of the sea is a strange and beautiful place. Where the land meets the sea, the human mind meets the mysteries of nature. In this course, we will study the dynamic geological and biological processes that give the coastlines their shape and life. We will explore the vital forces of weather, waves and tides, and probe the remarkable secrets of the barrier islands, dunes, salt marshes and tidal flats.

1. **An introduction to the Coast** - Continental drift, glaciers, waves and tides are responsible for the spectacular variety of cliffs, barrier islands, bays and estuaries along our coasts.
2. **Waves and Beaches** - Ocean storms generate strong waves and currents which form beaches and barrier islands. These fragile environments are the summer playgrounds for humans and the nesting sites for marine mammals and shorebirds.
3. **Coastal Erosion and Protection** - There is a serious conflict between the forces of nature which erode sea cliffs and beaches, and the human pressures for development along the coast.
4. **Tides and Estuaries** - Tides which are caused by the motions of the earth, moon and sun influence many aspects of human and marine life along the shore.
5. **Dunes, Salt marshes and Tidal flats** - The animals, fish and birds living along the barrier islands where there is a delicate balance between land and sea.
6. **The Rocky Coast** - The beautiful and spectacular scenery of the rocky coasts provide a stressful environment for organisms which inhabit the intertidal zone.

**William T. Fox**, Williams College, M.S. and Ph.D., Northwestern University, Professor Emeritus, Williams College, where he taught Geology, Meteorology, Oceanography and Environmental Studies. Along with numerous scientific publications based on his coastal research, he has written a book, *At The Sea's Edge, An Introduction to Coastal Oceanography for the Amateur Naturalist*. He has also taught in Elderhostel programs at Williams College and led Williams Alumni trips to Cape Cod, The Virgin Islands and Antarctica.

Suggested Reading: *The Outermost House* by Henry Beston. Henry Holt, - \$9.99.  
*Outlands* by Robert Finch. Godine, - \$10.95

**TH 102**  
**MASTERS OF 20th**  
**CENTURY**  
**ARCHITECTURE**

Thursdays  
 1:00 PM - 2:15 PM

231 Lawrence Hall  
 Sept. 11, 18, 25  
 Oct. 9, 16, 23  
 (No class Oct. 2)

Six lectures will consider the careers of some of the most inventive and influential architects in what has been a century filled with radical changes in the design of buildings. We will take up the work of Frank Lloyd Wright, Le Corbusier, Mies van der Rohe, Louis I. Kahn, Robert Venturi and Charles Moore, and Frank Gehry.

**E. J. Johnson** is Class of 1955 Professor of Art at Williams College, where he has taught since 1965. An architectural historian, he is the author of books on Leon Battista Alberti, Charles Moore, Marcus Tullius Reynolds and Louis I. Kahn, as well as a guide to the architecture of his native Memphis.

Required Reading: William J.R. Curtis, *Modern Architecture since 1900*, 3rd ed., Prentice Hall, 1996.

Suggested Reading: Le Corbusier, *Towards a New Architecture*  
 Robert Venturi, *Complexity and Contradiction in Architecture*  
*(all of these are in paperback editions)*

**Thursdays at Williams College**

The morning class will be held at the Faculty-Alumni House, 968 Main Street, corner Park Street. The afternoon class will be held at 231 Lawrence Hall (adjacent to the College Museum of Art).

If you wish to have lunch at the Faculty-Alumni House, please reserve a place by checking the box on the Registration Page. Reservations are limited to 40 people and preference will be given to members who register for both the morning and afternoon course. Lunch can also be eaten at many nearby restaurants and at the Student Cafeteria.

**F101  
HEALTH AND  
HEALING:  
Non-Traditional  
Medicine**

Fridays  
9:30 AM - 11:00 AM

K111 (Little Theater)  
Sept. 12, 19, 26  
Oct. 10, 17, 24  
(No class Oct. 3)

**1. An Overview, Sept. 12**

Understanding and using other medicines for health and healing.

**Richard Grossman** is on the faculties of the Residency Program in Family Medicine at Beth Israel Medical Center in New York, and Department of Epidemiology and Social Medicine at the Albert Einstein College of Medicine in New York. He is the author of four books including *The Other Medicines* and *The Natural Family Doctor*.

Required Reading: *Spontaneous Healing* by Andrew Weil

Suggested Reading: *The Other Medicines* by Stanway & Grossman

**2. Chiropractic and Natural Health Care, Sept. 19**

The history, development and growth of Chiropractic as well as its vital role in health care; the philosophy of Chiropractic as it applies to overall health and well-being.

**Dr. Larry Bronstein, D.C.**, National College of Chiropractic, Lombard, Illinois; Certified Nutritional Specialist; Director, Mahaiwe Chiropractic & Holistic Services, Great Barrington; member of the Diplomatic National Board of Chiropractic Examiners, the American Chiropractic Association, the Massachusetts Chiropractic Society and the Berkshire County Chiropractic.

**3. Homeopathy, Sept. 26**

What is Homeopathy? The history, theory and uses of Homeopathy in complementary medicine.

**Dr. Nancy Bronstein**, Graduate, National College of Chiropractic; studied at the International College of Homeopathy, New England School of Homeopathy, and the North American Master Homeopathy Clinicians Course. Board Certified in Classical Homeopathy.

Suggested Reading: *The Science of Homeopathy* by G. Vithoulkas

**4. Introduction to Healing Through the Human Energy Field, Oct. 10**

A brief overview of the energy centers and energy field patterns that help shape our well being. The consciousness and psychological aspects of the energy centers will be introduced. There may be time for experiential learning.

**Christine Saball-Tobin, MSN**, University of Massachusetts; RN, Hillcrest Hospital (1990-present); Adjunct Faculty Member, BCC; Owner/Director, Wholistic Nurse Consultants, Pittsfield; Director of Nurses, Canyon Ranch (1989-90); certified Yoga, Guided Imagery & Visualization instructor; energetic practitioner.

Required Reading: *Wands of Light* by Barbara Brennan (Bantam Books)

Suggested Reading: *Light Emerging* by Barbara Brennan (Bantam Books)

**5. New Topics in Nutrition, Oct. 17**

Balancing your immune system with nutrition. Special attention will be given to inflammatory disease, food allergies, arthritis and asthma.

**Dr. Neil Orenstein, Ph.D.**, Waksman Institute at Rutgers University; was a Postdoctoral Fellow and on the staff at Harvard School of Public Health as well as on the staff of Mass. General Hospital, Beth Israel Hospital and Harvard Medical School; is a consultant in Nutritional Biochemistry to corporations in the health care area and is in private practice in Lenox. He is on the faculty of Omega Institute teaching nutrition to physicians and other health care practitioners.

**6. Chinese Medicine, Oct. 24**

A discussion of Chinese Medicine including Acupuncture and Herbal Medicine: what it is, what it does, and what it can treat.

**William R. Morris, Ph.D.** in Chinese Medicine, SAMRA University, Los Angeles; has served on the Board of Directors, the California Acupuncture Association and the Advisory Council to the Acupuncture Committee at the Mass. Board of Medicine. Teaches certification courses on Chinese Herbal Medicine and Contemporary Pulse Diagnosis. Published numerous articles and presented papers at national conventions on Chinese Medicine. He maintains a private practice and natural product pharmacy in Pittsfield.

**F103**  
**"BARBARIC**  
**YAWP":**  
**The Poetry of**  
**Walt Whitman**

Friday  
11:30 AM - 1:00 PM

K111 (Little Theater)  
Sept. 12, 19, 26  
Oct. 10, 17, 24  
(No class Oct. 3)

This late in the 20th Century it is worthwhile to look back to Walt Whitman and his poetry to see how far we've come as a nation. Whitman stands at the very center of the genesis of the American myth, the vision thing as politicians like to say. Several questions come to mind. How did his poetry define what America means, and is that definition still pertinent? To what extent did his conception extend beyond the specifics of the American experience to reach for a universal statement?

We will read extensive passages from his work both individually and in class. In addition, in the final meeting we will discuss two stories by Stephen Crane and Ernest Hemingway to help us view our subject from another angle.

**Paul Stein, Ph.D.**, Professor Emeritus and former Chairman, Dept. of English, College at Genesco, State University of New York (1966-83). Author of numerous articles in academic journals on such writers as Jack London, James Fenimore Cooper and Washington Irving. MA, Ph.D., Case Western Reserve University

**Required Reading:** The readings will be based on the 1891-2 edition of *Leaves of Grass*, available in many paperback reprints. For the sake of uniformity in pagination in classroom discussion, the following version is recommended: *Walt Whitman: Leaves of Grass*, edited by Jerome Loving (Oxford University Press, ISBN 0-19-282675 -1) \$5.95.





OFFICE OF THE PRESIDENT  
P.O. Box 687  
(413) 597-4255

May 21, 1997

To the B.I.L.L. Community:

Williams College is proud to have been a partner in the establishment of B.I.L.L. three years ago. We seek ways in which we can be an educational resource to the community, and the vision of Tom and Judy Easton to get B.I.L.L. going was most welcome to this new president. Of course the program has expanded in ways we could only imagine at that time, and it is a pleasure to see B.I.L.L. thriving throughout the county.

Hank Payne



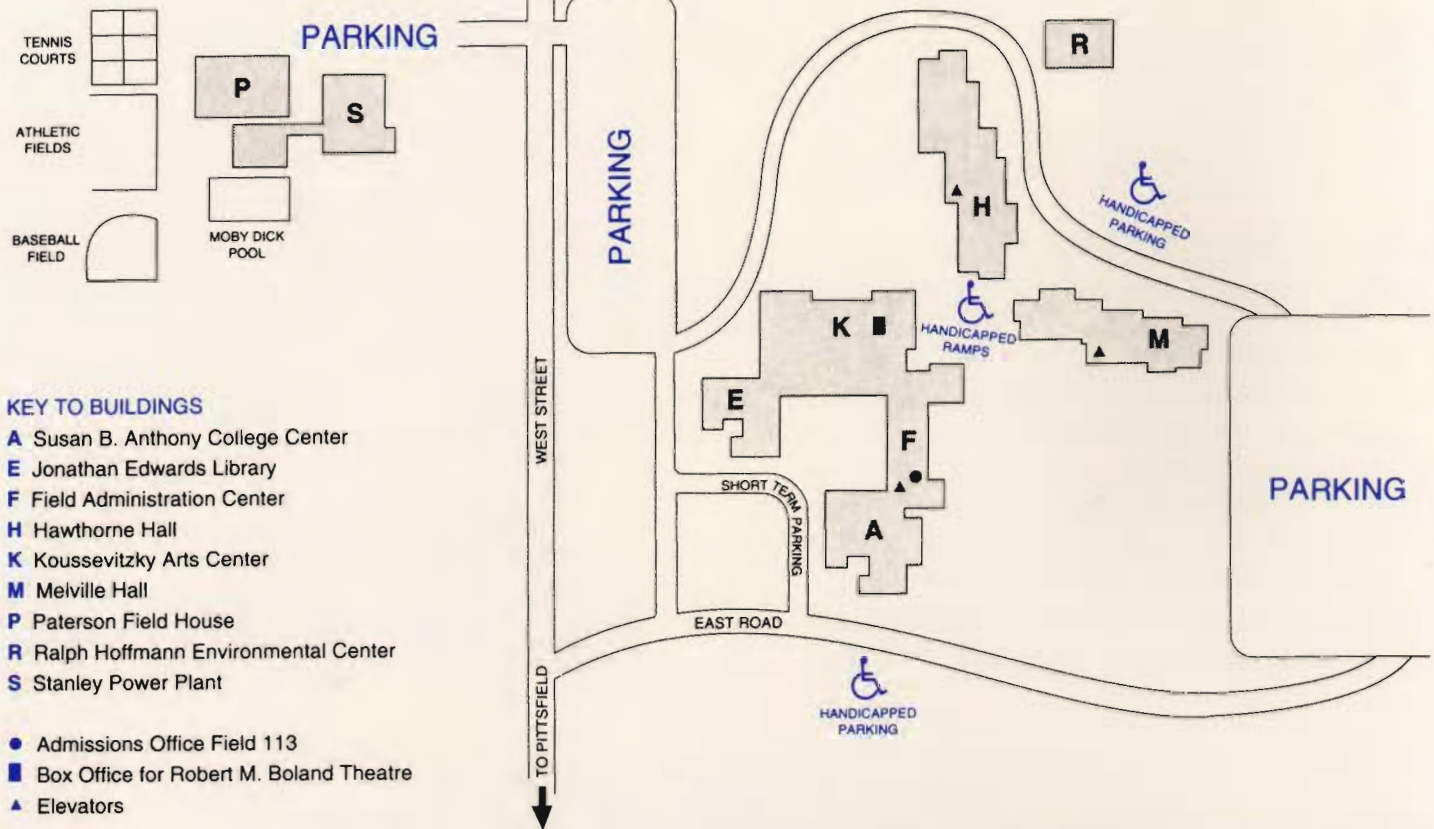
May 21, 1997

**B.I.L.L.**

When Ann Dulye asked me to share some thoughts about the B.I.L.L. program, a few key words came to mind. The first, frankly, was jealousy. I wish I were able to participate in the program. It seems as though every time I see a newspaper article about a fascinating course - it's one of B.I.L.L.'s. The catalog is filled with exciting topics I'd love to explore. Then I thought about passion. You share a passion for learning and lifelong intellectual growth. More importantly, this passion has been translated into a viable program of courses and lectures. Finally, I considered talent. The B.I.L.L. founders, officers and committee chairs have a talent for organization, communication, and networking, not to mention arm twisting, that has enabled this program to thrive. We are truly fortunate to have this talent in the Berkshires. I look forward to B.I.L.L.'s continued success and to seeing you all at BCC this fall.

President,  
Berkshire Community College

# Berkshire Community College Campus Map



### Parking Regulations

Parking regulations are strictly enforced by college personnel. Unpaid fines will result in the inability to renew one's driver's license and/or car registration. BCC reserves the right to hold grades, transcripts, registration, and graduation of all violators with unpaid fines.

### Parking Fines

Vehicles parked in unauthorized areas of the college will be ticketed. Payments will be accepted at the office of the parking clerk, F235, in the form of cash, money order, or check only. Vehicles with six or more parking violations may be immobilized with a "Denver Boot" and an additional fee of \$25.00 will be charged to have the boot removed from the immobilized car.

### Handicapped Parking

Handicapped parking sections are south lot, the area on the east side of the Susan B. Anthony College Center, and along the Fire Road. A sticker designating vehicles used by handicapped students and staff must be displayed on the car for parking in these locations, and is available from Health Services. A doctor's letter is required to obtain a sticker.

### Student Parking

Students may park vehicles between painted lines in north, central and south lots in areas not designated as faculty/staff or handicapped parking areas.

### B.I.L.L.

Berkshire Community College  
1350 West Street  
Pittsfield, MA 01201-5786  
(413) 499-4660, Ext. 379

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
PITTSFIELD, MA  
PERMIT NO. 79



*please forward to new address*



**Sponsors**

*"... Education is a lifetime activity."*